

Sun Style Standard International Competition 73 Form

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| 1. | 无极变太极 | Wu Ji Becomes Tai Ji |
| 2. | 懒扎衣 | Lazily Tying Clothes |
| 3. | 开手 | Opening Hands |
| 4. | 合手 | Closing Hands |
| 5. | 单鞭左 | Single Whip Left |
| 6. | 提手 | Lifting Hands |
| 7. | 白鹤凉翅 | White Swan Cools Its Wings |
| 8. | 开手 | Opening Hands |
| 9. | 合手 | Closing Hands |
| 10. | 左搂膝拗步 | Brush Left Knee and Twist Step |
| 11. | 手挥琵琶 | Hand Strums the Lute |
| 12. | 进步搬拦捶 | Advance, Parry, and Punch |
| 13. | 如封似闭 | Apparent Close Up |
| 14. | 抱虎归山 | Carry Tiger and Push Mountain |
| 15. | 开手 | Opening Hands |
| 16. | 合手 | Closing Hands |
| 17. | 右搂膝拗步 | Brush Right Knee and Twist Step |
| 18. | 懒扎衣 | Lazily Tying Clothes |
| 19. | 开手 | Opening Hands |
| 20. | 合手 | Closing Hands |
| 21. | 单鞭左 | Single Whip Left |
| 22. | 肘底捶 | Fist Under Elbow |
| 23. | 倒撵猴左 | Repulse Monkey Left |
| 24. | 倒撵猴右 | Repulse Monkey Right |
| 25. | 左搂膝拗步 | Brush Left Knee |
| 26. | 懒扎衣左 | Lazily Tying Clothes Left |
| 27. | 开手 | Opening Hands |
| 28. | 合手 | Closing Hands |
| 29. | 单鞭右 | Single Whip Right |
| 30. | 云手右 | Cloud Hands Right |
| 31. | 高探马 | High Pat on Horse |
| 32. | 左脚 | Kick Left Foot |
| 33. | 右脚 | Kick Right Foot |
| 34. | 进步栽锤 | Step Forward and Punch Down |
| 35. | 翻身其右脚 | Turn Over Body and Double Jump Kick |
| 36. | 斜飞克虎 | Diagonal Subdue Tiger |
| 37. | 右分脚 | Toe Kick Left |
| 38. | 转身右蹬脚 | Spin, Right Heel Kick |
| 39. | 进步搬拦捶 | Advance, Parry and Punch |
| 40. | 如封似闭 | Apparent Close Up |
| 41. | 抱虎归山 | Carry Tiger and Push Mountain |
| 42. | 开手 | Opening Hands |
| 43. | 合手 | Closing Hands |
| 44. | 左搂膝拗步 | Brush Left Knee and Twist Step |

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| 45. 懶扎衣 | Lazily Tying Clothes |
| 46. 开手 | Opening Hands |
| 47. 合手 | Closing Hands |
| 48. 斜单鞭 | Diagonal Single Whip |
| 49. 野马分鬃 | Parting the Wild Horse's Mane |
| 50. 懶扎衣 | Lazily Tying Clothes |
| 51. 开手 | Opening Hands |
| 52. 合手 | Closing Hands |
| 53. 单鞭左 | Single Whip Left |
| 54. 云手左 | Cloud Hands Left |
| 55. 云手下势 | Cloud Hands, Lowering |
| 56. 金鸡独立 | Golden Rooster Stands on One Leg |
| 57. 扇通背 | Fan Through the Back |
| 58. 玉女穿梭 | Jade Lady Works the Shuttles |
| 59. 高探马 | High Pat on Horse |
| 60. 十字手拍脚 | Cross Hands and Slap Kick |
| 61. 进步指裆捶 | Step Forward, Punch Groin |
| 62. 步懶扎衣 | Stepping, Lazily Tying Clothes |
| 63. 开手 | Opening Hands |
| 64. 合手 | Closing Hands |
| 65. 单鞭左 | Single Whip Left |
| 66. 单鞭下势 | Single Whip and Lowering Down |
| 67. 上步七星 | Step Up to the Seven Stars |
| 68. 退步跨虎 | Step Back and Ride the Tiger |
| 69. 转身摆莲 | Turn Body, Swinging Lotus Kick |
| 70. 弯弓射虎 | Bend the Bow and Shoot the Tiger |
| 71. 双撞捶捶 | Double Crashing Fists Strike |
| 72. 合一陰阳 | Uniting Yin and Yang |
| 73. 返回无极 | Returning to Wu Ji |